<!DOCTYPE html>

<html lang="en">

<head>

<meta charset="UTF-8">

<meta name="viewport" content="width=device-width, initial-scale=1.0">

<title>Shreepad Ayurvedic Massage Therapy</title>

<style>

body {

font-family: Arial, sans-serif;

margin: 0;

padding: 0;

line-height: 1.6;

}

header {

background: #28a745;

color: #fff;

padding: 10px 0;

text-align: center;

}

nav {

text-align: center;

padding: 10px;

background: #f4f4f4;

}

nav a {

margin: 0 15px;

color: #28a745;

text-decoration: none;

font-weight: bold;

}

section {

padding: 20px;

}

.therapy-section {

margin-bottom: 20px;

}

.therapy-section h2 {

color: #28a745;

}

footer {

background: #f4f4f4;

color: #333;

text-align: center;

padding: 10px 0;

margin-top: 20px;

}

</style>

</head>

<body>

<header>

<h1>Shreepad Ayurvedic Massage Therapy</h1>

<p>South Korean Therapy | Kansyathali Ayurvedic Foot Massage</p>

</header>

<nav>

<a href="#south-korean-therapy">South Korean Therapy</a>

<a href="#kansyathali-therapy">Kansyathali Therapy</a>

<a href="#contact">Contact</a>

</nav>

<section id="south-korean-therapy" class="therapy-section">

<h2>South Korean Therapy</h2>

<p>Therapy based on five natural elements:</p>

<ul>

<li>Accupressure</li>

<li>FIR (Far Infrared Rays)</li>

<li>Moxibustion</li>

<li>Chiropractic</li>

<li>Massage</li>

</ul>

<h3>Benefits:</h3>

<ul>

<li>Diabetes</li>

<li>Blood Pressure</li>

<li>Vascular Disease</li>

<li>Back Pain</li>

<li>Slip Disc</li>

<li>Joint Pain</li>

<li>Arthritis</li>

<li>Migraine</li>

<li>Heart Attack</li>

<li>Sciatica</li>

<li>Paralysis</li>

<li>Sinus</li>

<li>Brain Disease</li>

<li>Parkinson's</li>

<li>Fatigue</li>

<li>Spondylosis</li>

</ul>

<h3>Pricing:</h3>

<ul>

<li>20 Minutes Therapy: ₹200</li>

<li>40 Minutes Therapy: ₹350</li>

<li>60 Minutes Therapy: ₹500</li>

</ul>

</section>

<section id="kansyathali-therapy" class="therapy-section">

<h2>Kansyathali Ayurvedic Foot Massage</h2>

<h3>Benefits:</h3>

<ul>

<li>Relief in knee pain, back pain, and heal pain</li>

<li>Reduces stress, anxiety, and depression</li>

<li>Promotes sleep and cures insomnia</li>

<li>Helps to detoxify internal organs</li>

<li>Improves blood circulation</li>

<li>Improves digestion</li>

<li>Heals cracked feet</li>

<li>Balances doshas (Vata, Pitta, Kapha)</li>

<li>Activates metabolism</li>

<li>Enhances joint mobility in lower limbs</li>

<li>Relieves eye strain and tired eyes</li>

<li>Induces sound sleep</li>

<li>Calms the body</li>

<li>Restores body balance</li>

</ul>

<h3>Pricing:</h3>

<ul>

<li>Ayurvedic Oil Massage (10 min): ₹70</li>

<li>Ghee Massage (10 min): ₹70</li>

</ul>

</section>

<section id="contact" class="therapy-section">

<h2>Contact</h2>

<p><strong>Phone:</strong> <a href="tel:+918082642460">8082642460</a></p>

<p><strong>Address 1:</strong> Shop No. 1/A, Guru Nagar Society Ltd., Bldg. No. 1, 4 Bungalows Signal, J.P. Road, Andheri (W), Mumbai - 53</p>

<p><strong>Address 2:</strong> Shop No. G1, Kamdhenu Shopping Center, Lokhandwala Complex, Opp. Pradeep Jewellers, Andheri (W), Mumbai - 400 053</p>

<p><strong>Timings:</strong> 08:00 a.m. to 10:00 p.m.</p>

</section>

<footer>

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</footer>

</body>

</html>